

Ch 5 Applications of Newton's Equations

- 1) Static equilibrium
- 2) Multiple objects
- 3) Frictional forces
- 4) Circular motion

Strategies for solution: five-step process

- 1) Understand the problem: statements & sketch
- 2) Select a convenient coordinate system
 - ↳ to simplify the analysis:
 - When most forces ~~to~~ point along the axes of the coordinate system
 - When motion of interest points along an axis of the coordinate system
- 3) Make a free-body diagram of forces acting on each object so to facilitate the calculation of the net force on each object. Draw the x & y components of these forces not already aligned along the axes.
- 4) Write 2nd Newton's Law for each object ($\vec{F}_{net} = m\vec{a}$), for each component (x & y) as needed. Note: in each direction we can combine forces arithmetically (add & subtract)
- 5) Solve these equations for the requested information, obtaining numeric solutions with correct units. Check if these numbers make sense.

i) Static equilibrium:

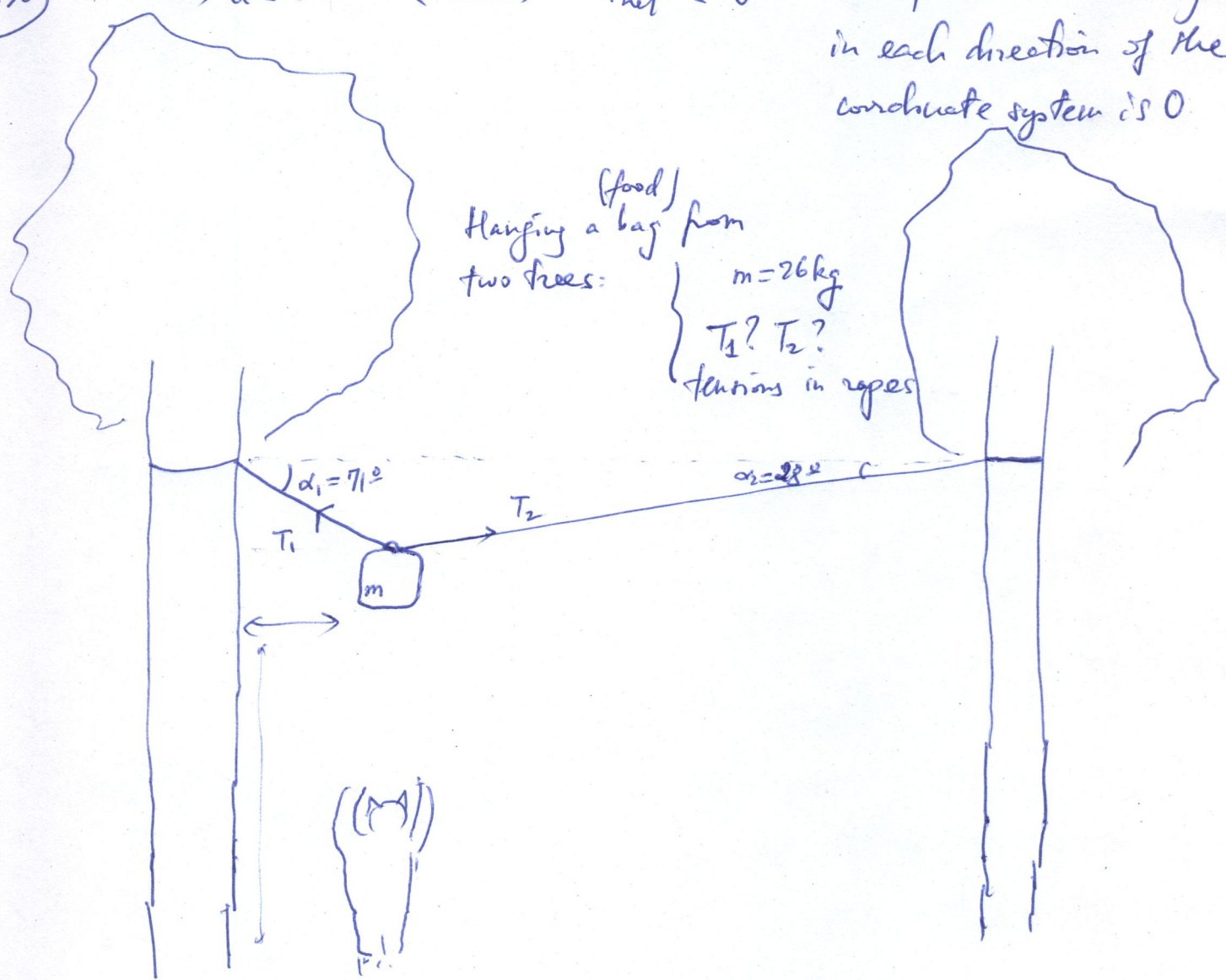
5.36

$\vec{a} = 0$

$\vec{F}_{net} = 0$

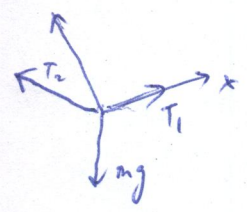
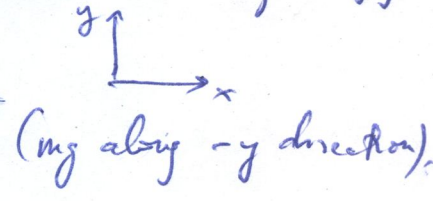
Net force on each object in each direction of the coordinate system is 0

Hanging a bag (food) from two trees:
 $m = 26 \text{ kg}$
 $T_1? T_2?$
 tensions in ropes



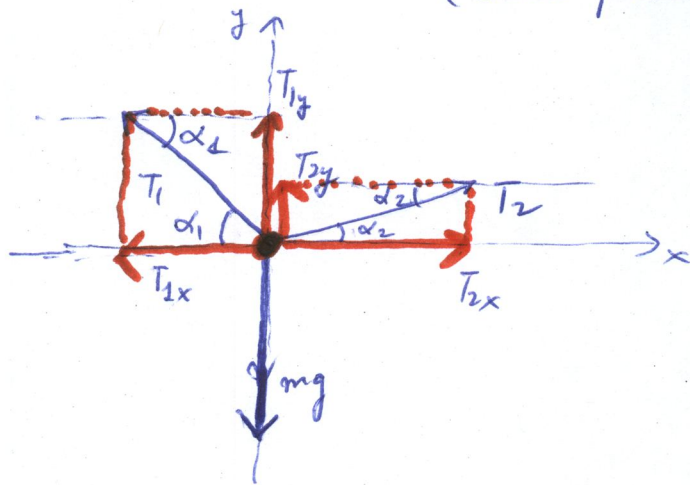
1) Statement: $\vec{F}_{net} = 0$ (tensions T_1 & T_2 cancel the weight mg)

2) Most convenient coord. system: standard xy



does not offer any additional advantage since the forces involved, T_1 , T_2 , mg point in ~~different~~ different directions not any two of them at 90° to each other.

3) F.B.D: free-body diagram: representing each object by a dot (where forces ~~are~~ apply)



Notes: 1) T_{1x} & T_{2x} point in opposite directions ✓

2) T_{1y} & T_{2y} point in same direction ✓ They will cancel mg .

Components of tensions along axes of coord. system

using unit vectors

$$\begin{cases} \vec{T}_1 = T_{1x}\hat{i} + T_{1y}\hat{j} = T_1 \cos \alpha_1 \hat{i} + T_1 \sin \alpha_1 \hat{j} \\ \vec{T}_2 = T_{2x}\hat{i} + T_{2y}\hat{j} = T_2 \cos \alpha_2 \hat{i} + T_2 \sin \alpha_2 \hat{j} \end{cases}$$

⇒ Net forces in each direction for the object:

$$\begin{cases} F_{net\ x} = T_{2x} - T_{1x} \\ F_{net\ y} = T_{2y} + T_{1y} - mg \end{cases}$$

4) Write 2nd Newton's law: $\vec{F}_{net} = m\vec{a} = 0$ (static equilibrium)

$$F_{net\ x} = T_{2x} - T_{1x} = 0 \Rightarrow T_2 \cos \alpha_2 - T_1 \cos \alpha_1 = 0$$

$$F_{net\ y} = T_{2y} + T_{1y} - mg = 0 \Rightarrow T_2 \sin \alpha_2 + T_1 \sin \alpha_1 - mg = 0$$

$$\begin{cases} \text{a) } T_2 \cos 28^\circ - T_1 \cos 71^\circ = 0 \\ \text{b) } T_2 \sin 28^\circ + T_1 \sin 71^\circ - 26 \times 9.81 = 0 \end{cases} \left. \begin{array}{l} \text{set of 2 equations} \\ \text{\& 2 unknowns} \\ T_1, T_2 \end{array} \right\}$$

5) Solve for T_1 & T_2 : a) $T_1 = T_2 \frac{\cos 28^\circ}{\cos 71^\circ} \rightarrow$ b) $T_2 \sin 28^\circ + T_2 \frac{\cos 28^\circ}{\cos 71^\circ} \sin 71^\circ = 26 \times 9.81$

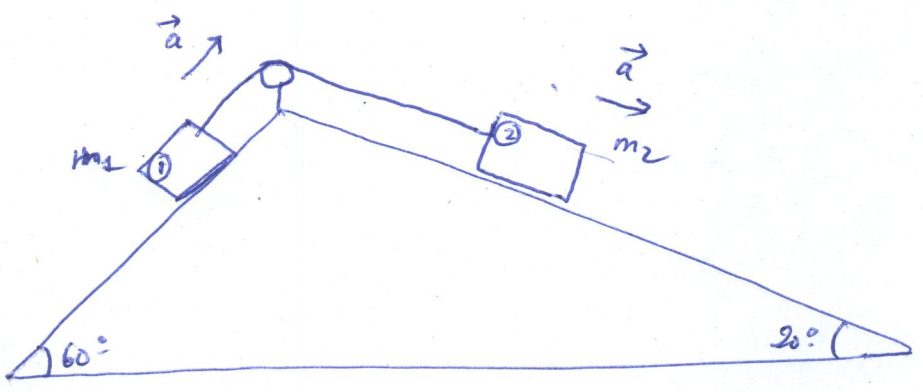
$$\Rightarrow T_2 = \frac{26 \times 9.81}{\sin 28^\circ + \cos 28^\circ \tan 71^\circ} = 84 \text{ N} \Rightarrow T_1 = 84 \frac{\cos 28^\circ}{\cos 71^\circ} = 228 \text{ N} > T_2$$

makes sense since $\alpha_1 = 71^\circ$ & $\alpha_2 = 28^\circ$

(ii) Multiple objects:
 → Five-step process, account for each object
 → If objects are connected: they will have the same acceleration although it could be in different directions (pulley is involved)

→ Two boxes m_1 & m_2 connected by a massless rope (same tension throughout)
 $a_1 = a_2 = a$ (magnitudes)

→ No friction b/w boxes & surface they are laying on



1) Statements: a) same acceleration (in magnitude) for the boxes
 $a_1 = a_2 = a$.

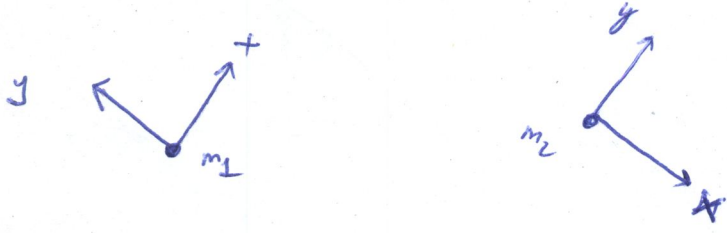
b) directions
 (A) box 1 moving up & box 2 moving down (CW around pulley)
 (B) box 1 moving down & box 2 moving up (CCW around pulley)

→ We will assume one scenario, for example (A), numbers will tell the actual directions (if a comes out positive, → scenario (A) if a comes out negative → opposite to what we assume → scenario (B)).

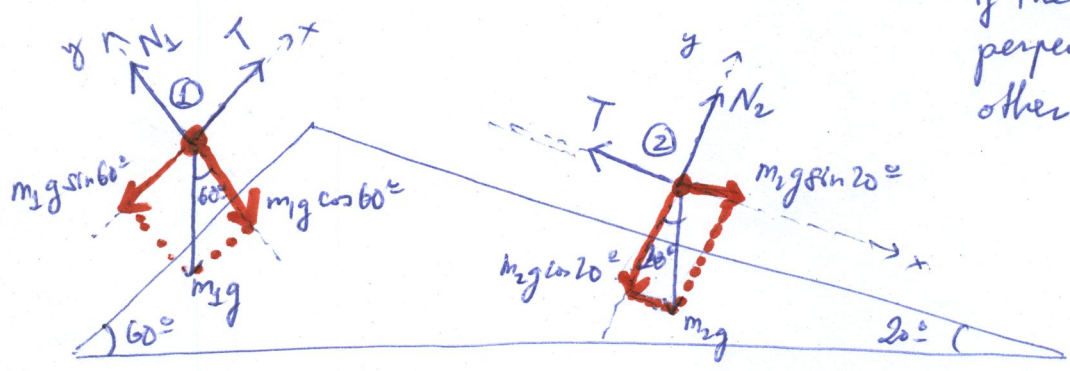
2) Most convenient coordinate systems

direction of motion aligned along ~~one~~ axis

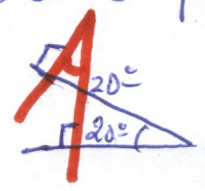
Also: forces on each box: tension & weight & normal
 ⇒ with these coordinate systems tension points along the x-axis, and normal forces along y-axis.



3) FBD for each box



Angles: given 2 angles if their sides are perpendicular to each other → same angle



Notes: a) These coord. systems allow 2 out of 3 forces on each object to be aligned along their axes

b) From F.B.D. $\left\{ \begin{array}{l} \text{Box 1: net force} \\ \text{Box 2: net force} \end{array} \right. \left\{ \begin{array}{l} F_{netx} = T - m_1 g \sin 60^\circ \\ F_{nety} = N_1 - m_1 g \cos 60^\circ \\ F_{netx} = m_2 g \sin 20^\circ - T \\ F_{nety} = N_2 - m_2 g \cos 20^\circ \end{array} \right.$

4) 2nd Newton's Law for each box: $\vec{F}_{net} = m\vec{a}$

Box 1: $\left\{ \begin{array}{l} (i) T - m_1 g \sin 60^\circ = m_1 a \quad (\text{acceleration in } x \text{ is } a) \\ N_1 - m_1 g \cos 60^\circ = 0 \quad (\text{boxes are not jumping on slope}) \end{array} \right.$

Box 2: $\left\{ \begin{array}{l} (ii) m_2 g \sin 20^\circ - T = m_2 a \quad (\text{boxes are connected via rope \& pulley}) \\ N_2 - m_2 g \cos 20^\circ = 0 \end{array} \right.$

5) Solve for unknown. For example assume m_1 & m_2 given, \rightarrow solve for the acceleration of the system a .

Given m_1 & m_2 : \rightarrow 4 unknowns : T, N_1, N_2, a also 4 equations.

Using (i) & (ii) solve for T , then for a

$$(i) \Rightarrow T = m_1 g \sin 60^\circ + m_1 a$$

$$\Rightarrow (ii) \quad m_2 g \sin 20^\circ - m_1 g \sin 60^\circ - m_1 a = m_2 a$$

$$a = \frac{m_2 g \sin 20^\circ - m_1 g \sin 60^\circ}{m_1 + m_2}$$

This sign is very important! (if we had a +, we made a mistake!)

3 options for a

- $a = 0 \Leftrightarrow m_2 \sin 20^\circ = m_1 \sin 60^\circ$ or $\frac{m_2}{m_1} = \frac{\sin 60^\circ}{\sin 20^\circ}$ (static equilibrium)
- $a > 0$ (CW at pulley) $\Leftrightarrow \frac{m_2}{m_1} > \frac{\sin 60^\circ}{\sin 20^\circ}$
- $a < 0$ (CCW at pulley) $\Leftrightarrow \frac{m_2}{m_1} < \frac{\sin 60^\circ}{\sin 20^\circ}$

Note: w/o the - sign in the final equation for a we can't have these 3 options for any values of m_1 & $m_2 \Rightarrow$ a contradiction.

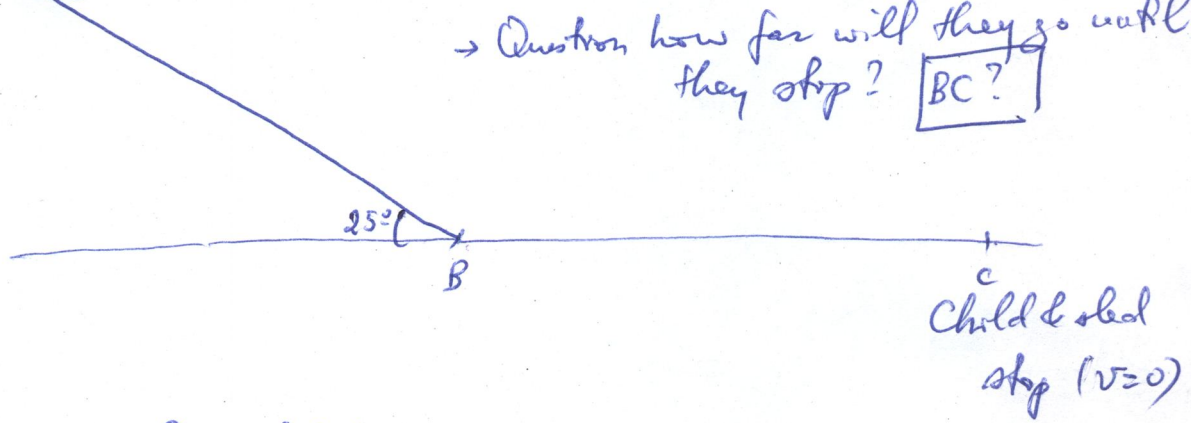
(110) Frictional Forces:

(5.50)

Child sliding downhill & then along a flat bottom $A \rightarrow B \rightarrow C$



→ Info $\left\{ \begin{array}{l} v_A = 0 \\ v_C = 0 \\ AB = 41m \end{array} \right.$
 Friction μ sled & slope $\mu_k = 0.12$
 → Question how far will they go until they stop? BC?

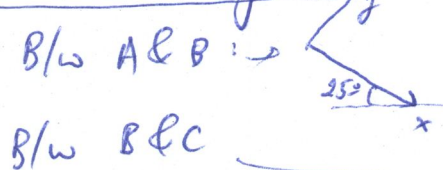


Five-step process for solution:

- 1) Statements:
 - a) Child & sled stop @ C b/c of friction
 - b) B/w A & B = constant acceleration (assuming they overcome friction)
 - c) B/w B & C = constant deceleration b/c of friction

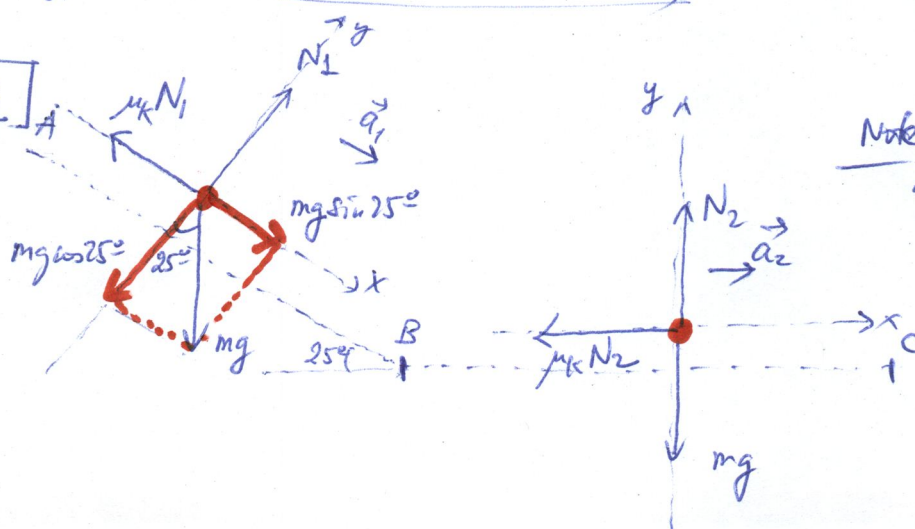
Sketch: see above

2) Convenient coord systems:



Directions of motion along x-axes

3) FBD



Note: Frictional forces always point in opposite direction as the motion

AB

Net forces:

$$\begin{cases} F_{net,x} = mg \sin 25^\circ - \mu_k N_1 \\ F_{net,y} = N_1 - mg \cos 25^\circ \end{cases}$$

BC

$$\begin{cases} F_{net,x} = -\mu_k N_2 \\ F_{net,y} = N_2 - mg \end{cases}$$

4) Write 2nd Newton's Law: $\vec{F}_{net} = m \cdot \vec{a}$

AB

$$\begin{aligned} mg \sin 25^\circ - \mu_k N_1 &= m a_1 \\ N_1 - mg \cos 25^\circ &= 0 \end{aligned}$$

BC

$$\begin{aligned} -\mu_k N_2 &= m a_2 \\ N_2 - mg &= 0 \end{aligned}$$

→ This problem asks for distance until they stop on BC?

↳ need a_2 : $a_2 = -\frac{\mu_k N_2}{m} = -\mu_k \frac{mg}{m}$

$$a_2 = -\mu_k g$$

↳ BC = $x - x_0$: using 3rd kinematic equation in 1D

$$\frac{v^2 - v_0^2}{x - x_0} = 2a$$

↳ $\frac{v_C^2 - v_B^2}{x - x_0} = 2a_2$

$$(x - x_0)_{BC} = \frac{-v_B^2}{-2\mu_k g} = \frac{v_B^2}{2\mu_k g}$$

→ Now find v_B

To find v_B : final velocity v_B for 1st part of trajectory A to B
 (starts $v_A=0$ @ top of hill, goes faster and faster till B)
 ↳ Need a_1 :

↳ 2nd Newton's Law b/w A & B:

$$a_1 = g \sin 25^\circ - \mu_k g \cos 25^\circ$$

↳ 3rd kinematic eq. for constant acceleration

$$\frac{v_B^2 - v_A^2}{(x-x_0)_{AB}} = 2a_1$$

$$\Rightarrow v_B = \sqrt{2g(\sin 25^\circ - \mu_k \cos 25^\circ)(x-x_0)_{AB}}$$

$$v_B = \sqrt{2 \times 9.81 (\sin 25^\circ - 0.12 \cos 25^\circ) 41}$$

$$v_B = 15.9 \text{ m/s}$$

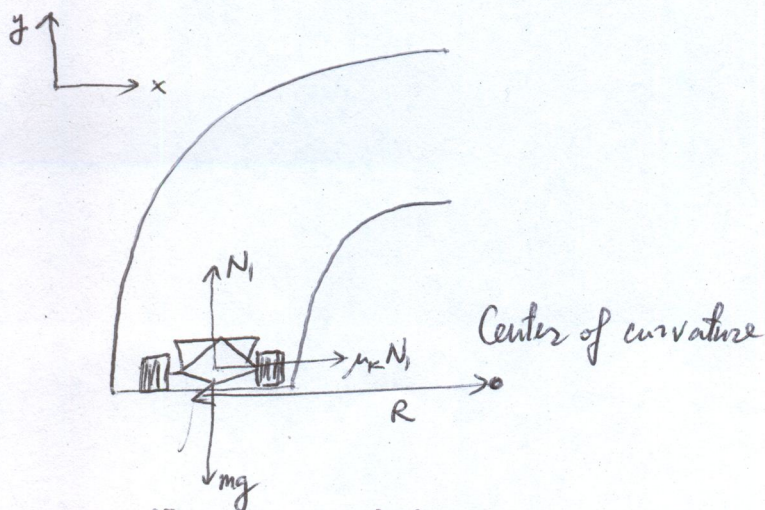
$$\Rightarrow (x-x_0)_{BC} = \frac{v_B^2}{2\mu_k g} = \frac{15.9^2}{2 \times 0.12 \times 9.81} = 107 \text{ m}$$

(IV) Circular motion =

a) UCM object going at constant speed but not constant velocity ($a = \frac{v^2}{R}$) around a circular trajectory of radius R

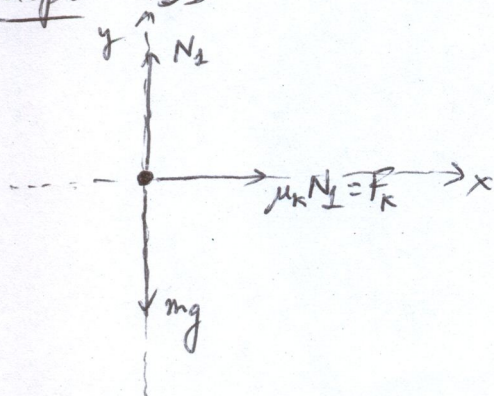
b) friction keeps car on track
(is the agent for $a = \frac{v^2}{R}$ toward center of curvature)

(Turn)
Flat race track



Wide tires \rightarrow more friction
(can go faster at turns)

- Step 1: statements & sketches \checkmark
- Step 2: convenient coord. systems \checkmark
- Step 3: FBD



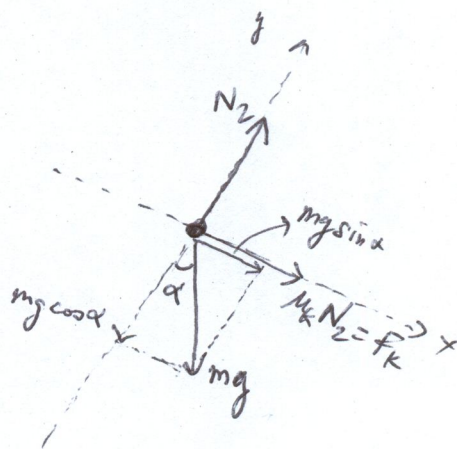
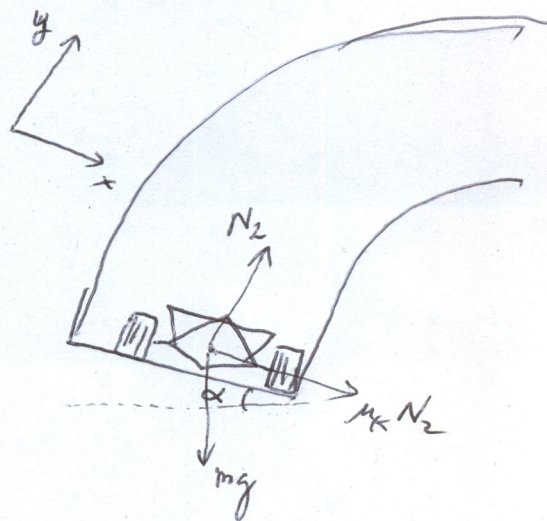
$F_{net,x} = \mu_k N_1$ (Flat turn)

$F_{net,y} = N_1 - mg$

Step 4: 2nd Newton's Law $\vec{F}_{net} = m\vec{a}$

$\mu_k N_1 = m \frac{v^2}{R}$
 $N_1 - mg = 0$
 Step 5: $\mu_k mg = \frac{v^2}{R}$
 $\boxed{v_{flat} = \sqrt{\mu_k g R}}$

(Turn)
Slanted race track



$F_{net,x} = \mu_k N_2 + mg \sin \alpha$ (Slanted turn)

$F_{net,y} = N_2 - mg \cos \alpha$

Step 4: $\mu_k N_2 + mg \sin \alpha = m \frac{v^2}{R}$
 $N_2 - mg \cos \alpha = 0$

Step 5: $\boxed{v_{slanted} = \sqrt{gR(\mu_k \cos \alpha + \sin \alpha)}}$

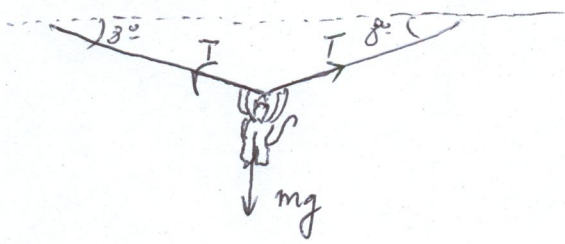
Let's compare:

$$\frac{v_{\text{slanted}}}{v_{\text{flat}}} = \sqrt{\frac{(M_k \cos \alpha + \sin \alpha)}{M_k}}$$

$$\alpha = 20^\circ \rightarrow \frac{v_{\text{slanted}}}{v_{\text{flat}}} = \sqrt{\frac{(0.2 \cos 20^\circ + \sin 20^\circ)}{0.2}} = 1.63$$

5.35

Monkey hangs in middle of massless rope
 $m = 15 \text{ kg}$



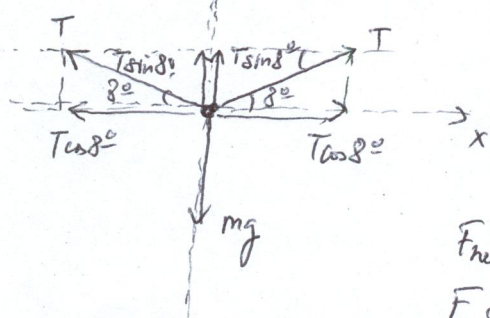
Step 1: sketch ✓

statements: static equilibrium $F_{\text{net}} = 0$ $\begin{cases} F_{\text{net}x} = 0 \\ F_{\text{net}y} = 0 \end{cases}$

Step 2: convenient coord system:



Step 3: FBD:



T's not aligned along axes
→ find their Cartesian components.

$$F_{\text{net}x} = T \cos 8^\circ - T \cos 8^\circ$$

$$F_{\text{net}y} = 2T \sin 8^\circ - mg$$

Step 4

$$T \cos 8^\circ - T \cos 8^\circ = 0$$

$$2T \sin 8^\circ - mg = 0 \Rightarrow T = \frac{mg}{2 \sin 8^\circ} = \frac{15 \times 9.81}{2 \times \sin 8^\circ} \text{ N} = 528.7 \text{ N}$$

5.42

Water in bucket in vertical circular motion

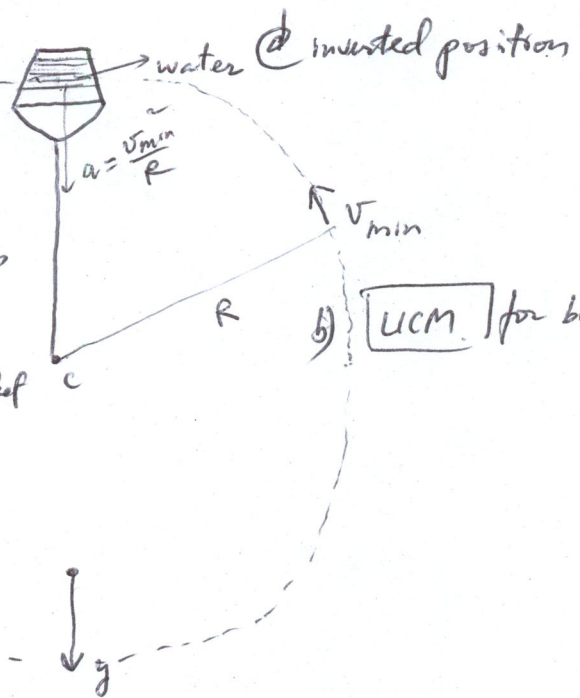
Step 1: sketch ✓

$R = 0.85m$

Statement: ✓

- a) v_{min} : water barely touches bottom of bucket
- b) $> v_{min}$: water is pressed against bottom of bucket

if water can stay @ inverted position → it will make it through



Step 2: convenient coord. system:

Step 3: FBD: object is water @ inverted position @ min speed.

Note: since water barely touches bottom of bucket $(v_{min}) = N = 0$

$F_{net} = mg$

Step 4: 2nd Newton's Law:

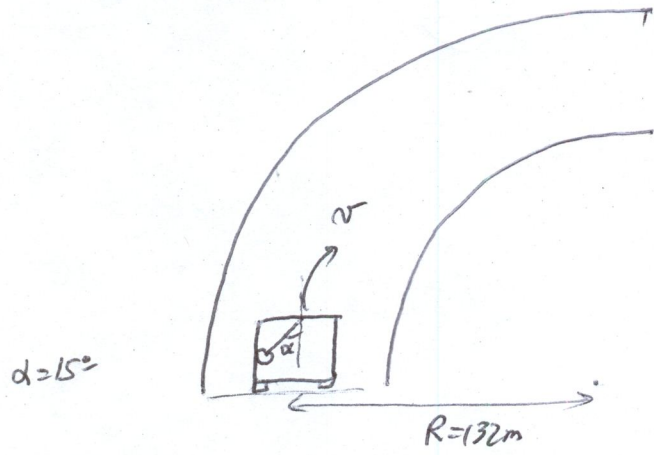
$F_{net} = ma$
 $mg = m \cdot \frac{v_{min}^2}{R}$

& Step 5.

$v_{min} = \sqrt{gR} = \sqrt{9.81 \times 0.85}$
 $v_{min} = 2.89 m/s$

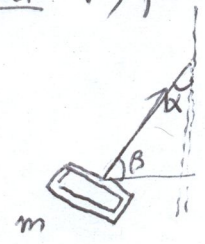
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Train under UCM, flat track @ turn $R=132m$
Hanging strap @ 15° to vertical



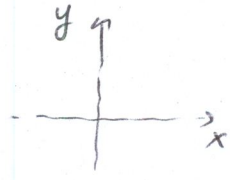
Step 1: sketch

statements : a) from strap angle infer speed of train @ turn
why does it make an angle?

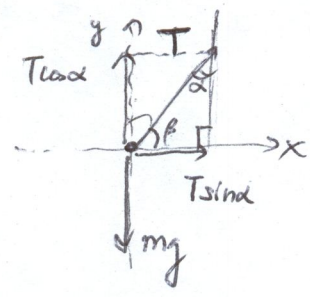


b) strap also turns \rightarrow it needs an acceleration toward center of curvature same as train
 $a = \frac{v^2}{R}$ (UCM)

Step 2: w/w coord. system:



Step 3: FBD:



$\beta + \alpha + 90 = 180^\circ \rightarrow \beta = 90 - \alpha$
 β is the complement angle of α
($\cos \beta = \sin \alpha$ & $\sin \beta = \cos \alpha$)

$$F_{net,x} = T \sin \alpha$$

$$F_{net,y} = T \cos \alpha - mg$$

$$\vec{F}_{net} = m\vec{a} \quad (2^{nd} \text{ Newton's Law})$$

Step 4:

in x: $T \sin \alpha = m \cdot \frac{v^2}{R}$

in y: $T \cos \alpha - mg = 0$ (no motion in y direction)

Step 5:

$$T = \frac{mg}{\cos \alpha} \rightarrow \frac{\frac{mg}{\cos \alpha} \sin \alpha}{\cos \alpha} = m \frac{v^2}{R} \Rightarrow v = \sqrt{gR \tan \alpha} = \sqrt{9.81 \times 132 \times \tan 15^\circ}$$

$$= 18.6 \text{ m/s} \quad \text{train went faster than speed limit.}$$

Speed limit was $45 \frac{\text{km}}{\text{h}} = \frac{45}{3.6} \frac{\text{m}}{\text{s}} = 12.5 \text{ m/s}$

Ch 6 Work, Energy, Power

- Described motion ch 2 & 3
- Included force ch 4 & 5

Force & Work: pushing a piano up a ramp

Stronger guy: more force
 weaker guy: less force

work: same?
 more?
 less?

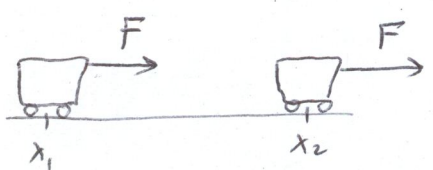
→ It is very important to know about work performed or energy spent

Work: = $\vec{F} \cdot \Delta\vec{r}$

$\left\{ \begin{array}{l} \vec{F}: \text{force applied (vector)} \\ \cdot: \text{scalar product (product of 2 vectors that is a number)} \\ \Delta\vec{r}: \text{displacement (vector)} \end{array} \right.$

↓
 is independent of direction
 a number or scalar
 not a vector.

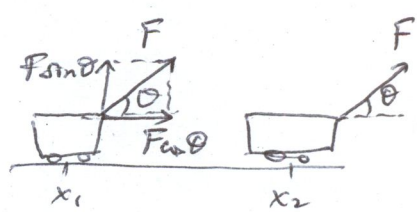
Why the scalar product? $\vec{A} \cdot \vec{B} = AB \cos(\theta)$ (θ angle b/w two vectors \vec{A} & \vec{B})



carrying suitcase from x_1 to x_2
 applying a constant force F
 in x -direction ($x_2 - x_1 = \Delta x$)

Work done: $F \cdot \Delta x$

Unit: $N \cdot m = J$ (Joule)

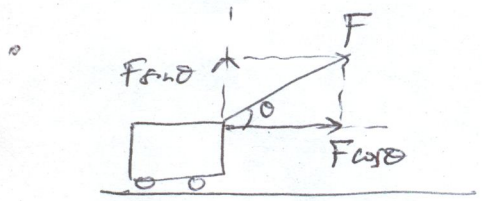


Carrying the same suitcase
 for same displacement Δx but
 F is @ angle θ

Work done: $\begin{cases} \text{in } x = F \cos \theta \cdot \Delta x = \vec{F} \cdot \Delta\vec{r} \\ \text{in } y = F \sin \theta \cdot 0 = 0 \end{cases}$

* Only the component of the force applied in the direction of motion performs work

Work & energy: differences:

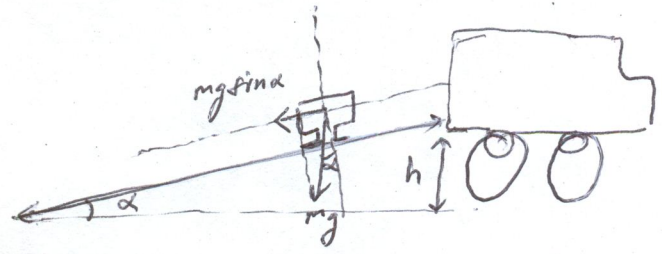
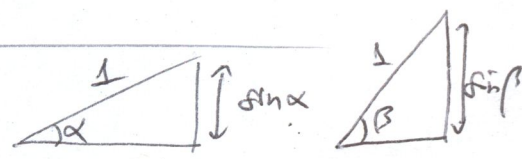


- Only $F \cos \theta$ performs work
- Some energy is spent to apply $F \sin \theta$

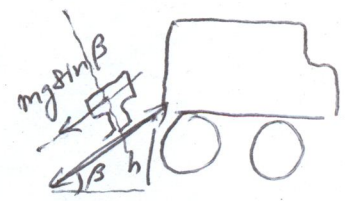
↳ More efficient is F is applied along direction of motion

Pushing a wall $\left\{ \begin{array}{l} \Delta x = 0 \rightarrow \text{No work is performed} \\ \text{But energy is spent (calories)} \end{array} \right.$

Pushing a pram up a ramp:



Longer ramp.
smaller α



Shorter ramp
bigger angle $\beta > \alpha$

To push up: overcome $\boxed{mg \sin \alpha} < \boxed{mg \sin \beta}$

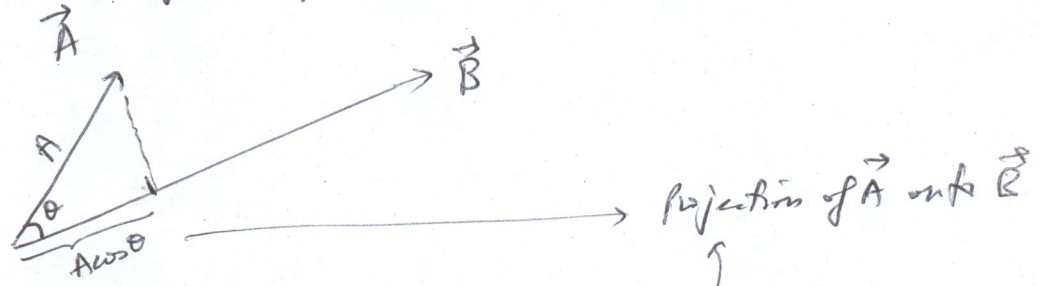
→ stronger guy can use a shorter ramp, weaker guy need long ramp.

Why would they choose a shorter ramp → overall work required is less!

(work is force x displacement)

Scalar product: math operation b/w 2 vectors that gives a number

Two vectors, with angle θ b/w them



Scalar product: $\vec{A} \cdot \vec{B} \equiv AB \cdot \cos \theta = \underbrace{A \cos \theta}_{\text{component of } \vec{A} \text{ along } \vec{B}} \cdot B$

\downarrow scalar product $\uparrow \uparrow$ arithmetic product

Fits well on definition of work = $Work = \vec{F} \cdot \Delta \vec{r} = F \cos \theta \cdot \Delta r$

Scalar product w/ unit vectors:

$$\begin{cases} \text{a) } \hat{i} \cdot \hat{i} = 1 \cdot 1 \cos 0 = 1 \\ \hat{j} \cdot \hat{j} = 1 = \hat{k} \cdot \hat{k} \\ \text{b) } \hat{i} \cdot \hat{j} = 1 \cdot 1 \cos 90^\circ = 0 \\ \hat{i} \cdot \hat{k} = \hat{j} \cdot \hat{k} = \hat{j} \cdot \hat{i} = \dots = 0 \end{cases}$$

2D: $\Delta \vec{r} = \Delta x \hat{i} + \Delta y \hat{j}$
 $\vec{F} = F_x \hat{i} + F_y \hat{j}$ } $W = \vec{F} \cdot \Delta \vec{r} = (F_x \hat{i} + F_y \hat{j}) \cdot (\Delta x \hat{i} + \Delta y \hat{j})$
 $= F_x \Delta x + F_y \Delta y$

$$W = F \cos \theta \Delta x + F \sin \theta \Delta y$$

Work performed by force that change with position (e.g. spring force)

$Work = \int_{\vec{r}_1}^{\vec{r}_2} \vec{F} \cdot d\vec{r}$
infinitesimal displacement vector

Spring: $F = -kx \rightarrow Work_{\text{by spring}} = -k \int_0^x x \cdot dx = -\frac{1}{2} kx^2$
 (Negative as spring receives work when stretched (0 to x))

Power & Work: what is the difference

Two different cars going from rest to $60 \frac{mi}{h}$, assume same masses

Car #1
Work = W_1

Takes 10s

(Porsche)

↓
higher power

Car #2

Work = $W_2 = W_1 = W$

Takes 20s

(other)

Average power = $\bar{P} = \frac{\Delta Work}{\Delta t}$

Instantaneous power $P = \frac{dWork}{dt}$

Power & velocity: $P = \frac{dWork}{dt} = \frac{d(\vec{F} \cdot \Delta \vec{r})}{dt}$

$$= \underbrace{\vec{F}}_{\vec{F} \text{ constant}} \cdot \frac{d\Delta \vec{r}}{dt} = \vec{F} \cdot \underbrace{\vec{v}}_{\text{scalar product}}$$

Work & Energy (Kinetic or energy in motion)

Ch 4 & 5: Motion is changed when a force is applied.

Force & motion \rightarrow Work done

Work done to change a motion \Leftrightarrow Kinetic energy.

$$\int_{\vec{r}_1}^{\vec{r}_2} \vec{F}_{net} \cdot d\vec{r} \quad \longrightarrow \quad = \quad m \int_{\vec{r}_1}^{\vec{r}_2} \frac{d\vec{v}}{dt} \cdot d\vec{r}$$

2nd Newton's Law: $\vec{F}_{net} = m \cdot \frac{d\vec{v}}{dt}$
 (constant m)

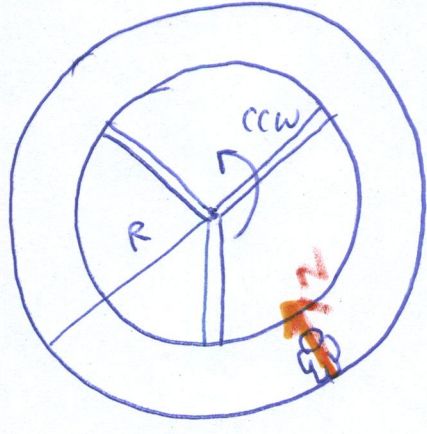
$$= m \int_{\vec{r}_1}^{\vec{r}_2} d\vec{v} \cdot \vec{v} = m \int_1^2 v dv = \left[\frac{1}{2} m v^2 \right]_1^2$$

$$= \frac{1}{2} m v_2^2 - \frac{1}{2} m v_1^2 = KE_2 - KE_1 = \Delta KE$$

$KE = \frac{1}{2} m v^2$

5.58 - Hollow ring space station $R = \frac{D}{2} = 225\text{m}$
 - Rotates CCW to simulate effect of gravity \Rightarrow RPM? (rev. per min.)

Step 1: sketch ✓



Statement:

- a) Weightless in outer space (no mg!)
- b) Astronaut standing on outer edge will rotate with space station under UCM $\Rightarrow a = \frac{v^2}{R}$ (toward center of curvature or center of ring)
- c) What force is giving the astronaut this acceleration?
 Normal force by outer edge of space station N .

Step 2: ID

Step 3: FBD



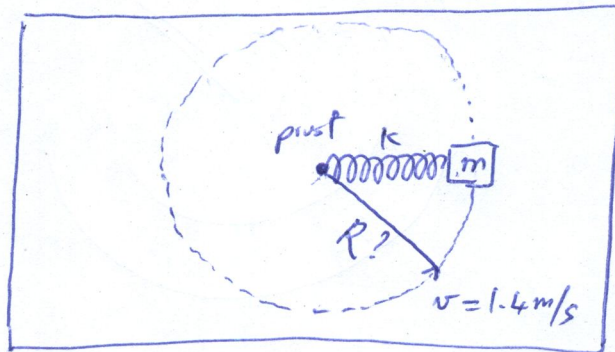
Step 4: 2nd Newton's Law: $F_{net} = N = m \cdot a = m \frac{v^2}{R}$ } $g = \frac{v^2}{R}$
 To simulate weight as on Earth: $N = mg$ } $v = \sqrt{gR}$

$$v = \sqrt{9.81 \times 225} = 46.9 \text{ m/s} \xrightarrow{\text{to RPM}} 46.9 \frac{\text{m}}{\text{s}} \cdot \frac{60 \text{ s}}{1 \text{ min}} \cdot \frac{1 \text{ rev}}{2\pi \times 225 \text{ m}} = 1.99 \text{ RPM}$$

One rev \rightarrow One circumference or one turn is $2\pi R$

5.65

Step 1: sketch ✓ system horizontal on a table.
View from above:



$$m = 2.1 \text{ kg}$$

$$k = 150 \text{ N/m}$$

$$l_0 = 18 \text{ cm}$$

No friction

$$R?$$

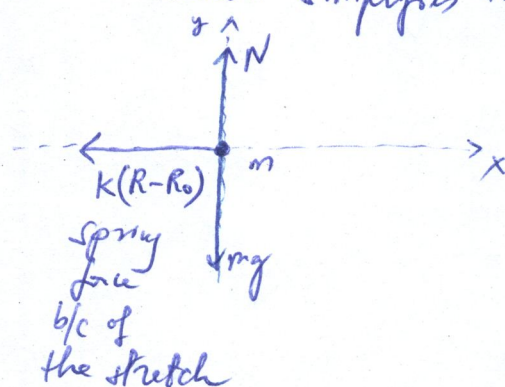
Statement: ✓ a) Mass m undergoes UCM @ constant speed $v = 1.4 \frac{\text{m}}{\text{s}}$
Velocity is changing \rightarrow acceleration toward center of curvature $\underline{a} = \frac{v^2}{R}$.

b) Spring provides this acceleration, it will be stretched (to give a pull on m) $R > R_0 = l_0 = 0.18 \text{ m}$

Step 2: convenient coord. system

(position of m as shown simplifies the analysis)

Step 3: FBD: of m



$$F_{\text{net } x} = -K(R - R_0)$$

$$F_{\text{net } y} = 0$$

Step 4: 2nd Newton's Law:
$$\begin{cases} -K(R - R_0) = m \left(-\frac{v^2}{R} \right) \\ 0 = m \cdot 0 \end{cases}$$

Step 5: solve for R
$$KR^2 - KR_0R = mv^2 \rightarrow KR^2 - KR_0R - mv^2 = 0$$

$$150R^2 - \frac{150 \cdot 0.18}{27}R - \frac{2.1 \times 1.4^2}{4.12} = 0 \rightarrow R = \frac{+27 \pm \sqrt{27^2 + 600 \times 4.12}}{300} \left. \begin{array}{l} 0.279 \text{ m} \\ - \text{not relevant} \end{array} \right\}$$

6.18

Work done by a force $\vec{F} = 1.8\hat{i} + 2.2\hat{j}$ N

$$\Delta\vec{r} = \vec{r} - 0 = 56\hat{i} + 31\hat{j} \text{ m}$$

$$\begin{aligned} \text{Work} = \vec{F} \cdot \Delta\vec{r} &= (1.8\hat{i} + 2.2\hat{j}) \cdot (56\hat{i} + 31\hat{j}) \\ &= 1.8 \times 56 + 2.2 \times 31 \text{ J} = 169 \text{ J} \end{aligned}$$

$$\begin{cases} \hat{i} \cdot \hat{i} = \hat{j} \cdot \hat{j} = 1 \\ \hat{i} \cdot \hat{j} = \hat{j} \cdot \hat{i} = 0 \end{cases}$$

6.72

How many lifts of a barbell to burn $230 \frac{\text{kcal}}{\text{unit of energy}}$

→ Conversion: $\frac{4186 \text{ J}}{1 \text{ cal}} \times 230 \times 10^3 \text{ cal} = 963 \times 10^3 \text{ J}$

→ Work done per lift: 45 kg a height of 0.5 m

$$\hookrightarrow \underbrace{mg\Delta h}_{\substack{\text{Force} \\ \text{applied}} \times \text{displacement}} = 45 \times 9.81 \times 0.5 = \frac{1100}{5} \text{ J}$$

work = grav. potential energy

$$\Rightarrow \# \text{ lifts} = \frac{963 \times 10^3 \text{ J}}{\frac{1.1 \times 10^3 \text{ J}}{5}} = 873 \text{ lifts} \times 5 = 4359 \text{ lifts}$$

6-81

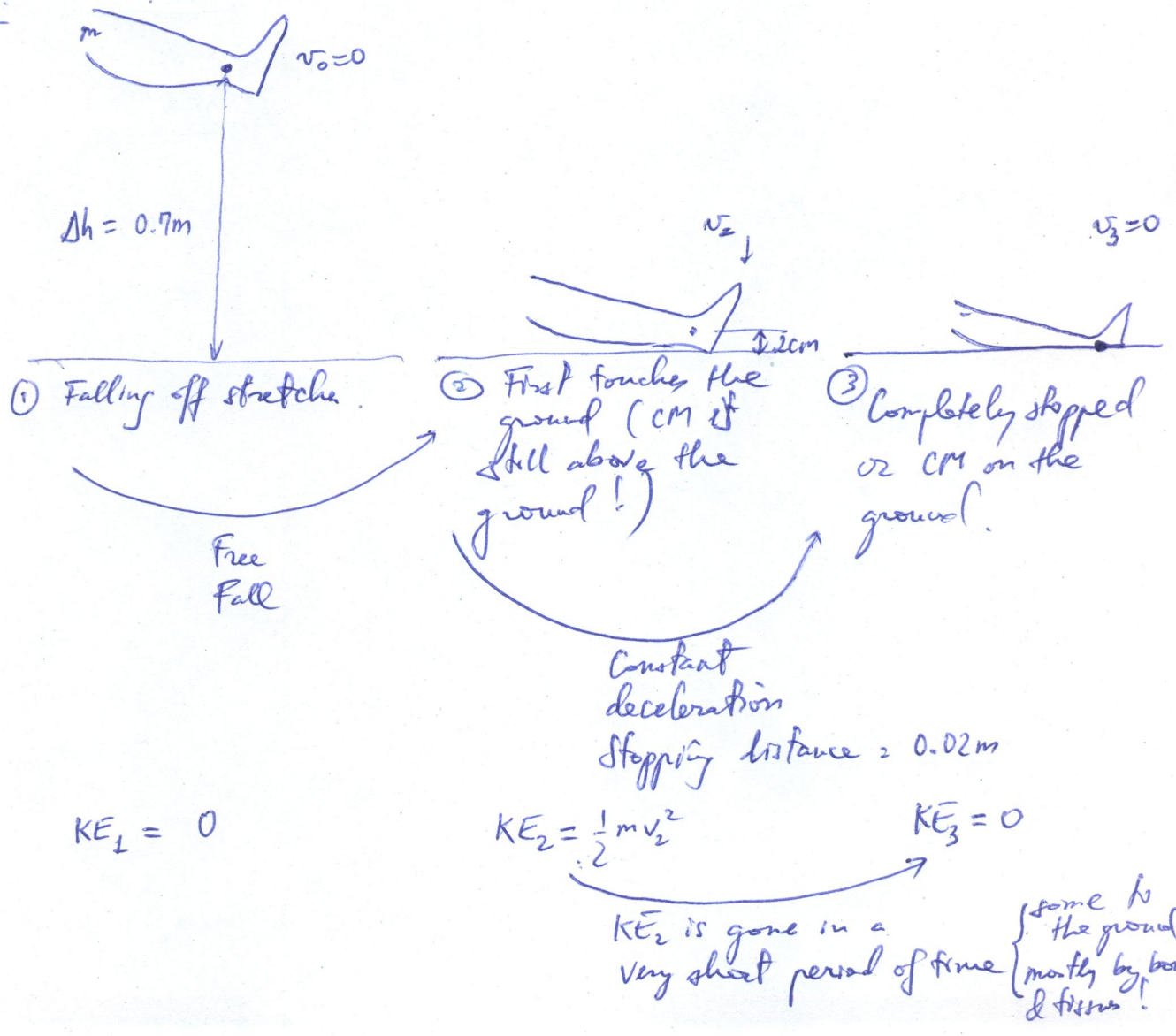
Related to egg dropping question in PP#1 } First part of a fall: free fall
} Second part: crashing

Statements:

Leg falling off a stretcher
↓ $m = 8\text{kg}$ ↓ $v_0 = 0\frac{\text{m}}{\text{s}}$

- 1) Free fall: constant acceleration $a = g$ until it first touches ground (no hurt)
- 2) **Crashing:** lasts from when it first touches ground until it completely stopped:
Very short time & very large deceleration (to bring the final speed at end of free fall down to zero!) (it hurts)

Sketches:



Hospital attorney argues stopping force = weight = 80N.
Let's calculate the actual stopping force:

Method #1: Work & energy: (Ch 6)

Energy acquired by leg ① → ②: (Energy ↔ Work: force × displ)
 $mg\Delta h = 8 \times 9.81 \times 0.7 \text{ J}$

Energy absorbed by leg ② → ③ = same as acquired ① → ②

↳ Stopping force × Stopping distance.

$$F_{\text{stopping}} = \frac{8 \times 9.81 \times 0.7 \text{ Nm}}{0.02 \text{ m}} = 2744 \text{ N.}$$

Method #2: Newton's Law & Kinematic eqs (Ch 2, 3, 4)

$F_{\text{stopping}} = m \cdot a_{23}$ → Need a_{23} (decelerations)
Kinematic eq #3: $\frac{v^2 - v_0^2}{\Delta x} = 2 \cdot a$ ② → ③ $\left[\frac{0 - v_2^2}{0.02} = 2a_{23} \right]$

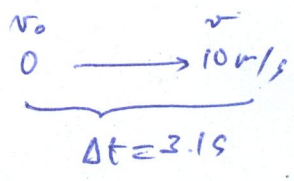
→ Need v_2 final speed @ end of free fall ($\Delta h = 0.7 \text{ m}$)
Kinematic eq #3: $\frac{v_2^2 - 0}{0.7} = 2g$ → $v_2 = \sqrt{2 \times 9.81 \times 0.7} = 3.7 \frac{\text{m}}{\text{s}}$

$a_{23} = -\frac{3.7^2}{0.02 \times 2} = -343.35 \frac{\text{m}}{\text{s}^2}$ (huge!)

$F_{\text{stopping}} = m \cdot a_{23} = 8 \times 343.35 = 2744 \text{ N.}$

(shorter to use work & energy)

6.36 $m = 75 \text{ kg}$ long jumper



Power output?

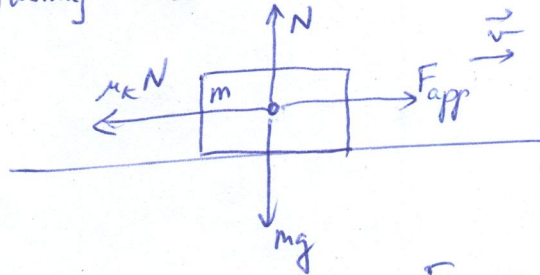
$$\bar{P} = \frac{\text{Work}}{\Delta t} = \frac{\Delta KE}{\Delta t} = \frac{\frac{1}{2} m v^2}{\Delta t} = \frac{\frac{1}{2} \cdot 75 \cdot 10^2 \text{ J}}{3.15} = 1210 \text{ W}$$

6.67

Pushing a crate @ constant speed. $v = 0.62 \text{ m/s}$ = Power?

$$P = F_{\text{app}} \cdot v$$

$m = 95 \text{ kg}$
 $\mu_k = 0.78$



a) Net forces

$$\left. \begin{array}{l} x = \\ y = \end{array} \right\} \begin{array}{l} F_{\text{app}} - \mu_k N = m \cdot 0 \\ N - mg = 0 \end{array} \left. \vphantom{\begin{array}{l} x = \\ y = \end{array}} \right\} F_{\text{app}} = \mu_k mg$$

$$P_{\text{req}} = F_{\text{app}} \cdot v = \mu_k mg v = 0.78 \times 95 \times 9.81 \times 0.62 = 450 \text{ W}$$

b) Work to push it 11m:

$$\text{Work} = F_{\text{app}} \times d = 0.78 \times 95 \times 9.81 \times 11 = 8000 \text{ J}$$